

IV Virtual and Social Distance Match Activity - updated 22/1/2020

This document aims to provide ideas and links to resources for virtual match activity, including outdoor activity, in the context of changing local and national Coronavirus law and guidance.

Please follow your service policy and procedure as well as national and local government guidance. All activity should be pre-agreed with local IV services.

Other factors to consider are length of match and level of trust and rapport between the IV and child; age of child; communication skills and preferences of the child and volunteer; disability and mental health; child and placement access to social media and IT resources.

Activity suggestions

- Video calling via Skype/Facetime/WhatsApp/Zoom/Microsoft Teams. Always follow your IV service policy and GDPR on the safe use of social media apps. Different apps have different recommended age ratings.
- Netflix interactive and Netflix Party - where the main account holder (if you have an account) can share a film with friends and family (regardless of whether they have Netflix) and watch it simultaneously.
- Traditional correspondence! Letter and post card writing to stay in touch. Buy blank postcards and decorate them
- Video bake-off! Choose the same recipe to cook together via a video link. Alternately, do this separately and share an image of the result.
- Pizza and movies: use your budget to order a takeaway for yourself and your match and stream and watch the same film.
- Coffee shop: Make and share a hot chocolate with special toppings together
- Do a hair, makeup or skincare tutorial via video chat
- Have a mini book club - Read a book together over the phone or FaceTime or Read the same book and then discuss in a telephone call afterwards.
- Send arts and craft materials to children and young people eg. card making/jewellery/paint by numbers and colouring books etc. Completing

an activity and posting it to one another/ sharing image Arts and crafts!
*Link to free educational website:
8 – 11 year olds*

<http://www.twinkl.co.uk/resources/keystage2-ks2/ks2-subjects/ks2-art>

- Watch a film at the same time/ Virtual cinema/ [Teleparty](#)/ [Disney Plus Group Watch](#) (subscriptions are required for Teleparty, formerly known as Netflix Party, & Disney Plus. If you don't have a subscription, speak with your Coordinator about expense claims
- Buy a board game for your child/YP to play with you via video call i.e. battleships, Connect 4, Pictionary, chess, charades.
- Online Board Games Arena <https://en.boardgamearena.com/>
- Participate in an online escape room together, there's lots of different packages available and a quick google search will give you lots to choose from, many of which can be accessed free of charge.
- Seasonal themed activity: Seasonal bingo! Custom-design your own winter or spring-themed bingo cards with your child/young person Snow day? Make a 2D or even 3D snowflake [twinkl.co.uk/resource/t2-t-17202-3d-snowflake-paper-craft](http://www.twinkl.co.uk/resource/t2-t-17202-3d-snowflake-paper-craft)
Search Pinterest for 2D snowflake patterns
- *Free audible audio books.* IV and child/YP listen to a chapter of a book and then chat about it. <https://stories.audible.com/start-listen>
- Keepy-up challenge – set a challenge of who can do the most keepy-ups, consider what could be used as a “ball” – look at Youtube for inspiration.
- Take part in an age-appropriate online game together – there are various gaming platforms available (eg Steam, Xbox).

- **Games you can play through phone calls:**

Make a 'Conversation cube' that has different topics that are numbered. You can each throw a dice or pick a number (from a jar/hat) to select different conversation topics – could be used for new matches as a getting to know one another game

'2 truths and 1 lie': One of you lists three “facts” about themselves. One of the “facts” should be false. Try to list the facts in an even voice, so as not to open a

lie in advance. Another player is trying to guess which of the facts is false.

'Last letter': Choose a topic, one says a word related to that topic, second must say another word which starts with the same letter as the end of the previous word – e.g. animals: snake > elephant > tiger > red squirrel > llama

'Word game': you chose a long word. The task of the players is to form as many words as possible using the letters from the long word.

Outdoor Nature Activity

National Trust: 50 outdoor nature activities to do before you're 11 ¾. Go on a scavenger hunt, go star gazing, go welly wandering, fly a kite, eat a picnic in the wild, make friends with a bug, create some wild art

<https://nt.global.ssl.fastly.net/documents/50-things-activity-list.pdf>

Woodland Trust has lots of ideas and resources for outdoor nature activities with kids. Examples include: go on a minibeast hunt, make a loo roll bird feeder, move like minibeasts, be a nature pirate, build a bird nest.

www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/

www.woodlandtrust.org.uk/blog/2020/04/nature-activities-for-kids-to-do-at-home-part-two/

www.woodlandtrust.org.uk/blog/2020/04/kids-nature-activities-to-do-at-home-part-3/

www.woodlandtrust.org.uk/blog/2020/04/nature-activities-for-kids-to-do-at-home-part-4/

www.woodlandtrust.org.uk/blog/2020/04/nature-activities-for-kids-to-do-at-home-part-five/

- **Den building:** Lots of ideas are available online

<https://www.nationaltrust.org.uk/features/no-4-build-a-den>

<https://www.nationaltrust.org.uk/features/no-4-build-a-den>

<https://www.woodlandtrust.org.uk/blog/2019/10/how-to-build-a-den/>

<https://www.noaandnani.co.uk/den-building-ideas-for-the-best-dens-ever-i43>

Froglife conservation charity has lots of free, fun, educational activity

<https://www.froglife.org/learning-zone/fun-and-games/>

<https://www.froglife.org/learning-zone/wildlife-at-home/>

Budget Blowers

Some IV services *may* have an under-spend to use by the end of the financial year. This must be agreed with individual services. Ideas include:

- <http://www.magazine.co.uk/kids-magazines> Get a subscription, could be used as a resource for future face to face activity
- Buy a voucher for a pamper session
- Meals out vouchers
- Vouchers for trampoline and go carting
- Obstacle course adventure eg. <http://www.letsdothis.com/gb/obstacle-course-events>
- Pre-book Outdoor activity centre day out
- Pre-book trip to the Zoo, horse-riding, a sports event